

2019 NPC Total Body Championships

Bodybuilding, Figure, Bikini & Physique

Schedule of Events

Check-In & Weigh-In

Premiere Athletix - 1674 McClure Cove, Tupelo MS 38804. 662-842-5239

All athletes must check-in and or weigh-in on August 16th, Friday night, between the hours of 5:00 P.M. and 7:00 P.M. No weigh-in on Saturday morning. Bodybuilding, Bikini & Classic Physique Competition suits must be worn to weigh-in. Figure and Physique Competition suits should be brought to check in on Friday night for approval. If you have any doubt about the suit style, bring a second suit. Please bring music to weigh-in. Music will be collected at that time.

Pre-Judging

Saturday, August 17th (Morning Show)

Tupelo Performing Arts Center - (Located on campus @Tupelo High School)
4125 Golden Wave Drive, Tupelo, MS 38801

8:00 AM - * Athlete Check in (Plan to arrive 15 minutes early)

* Venue doors open to the public / ticket office opens

9:00 AM SHARP - PREJUDGING begins

After Prejudging Lunch

Join us @ Steele's Dive - 4187 Main Street.

(Located less than 2m from the venue, left @ the red light)

Finals

Saturday, August 17th (Evening Show)

Tupelo Performing Arts Center - (Located on campus @Tupelo High School)
4125 Golden Wave Drive, Tupelo, MS 38801

5:00 PM - * Athlete Check in (Plan to arrive 15 minutes early)

* Venue doors open to the public / ticket office opens

6:00 PM SHARP - FINALS begin

Post Show

Join us immediately following show! Celebrate & meet with judges!

Chili's Grill & Bar Restaurant (located next door to host hotel)

**ATTN: COMPETITORS MUST BRING BANDS TO PUMP UP BACKSTAGE!
WEIGHTS WILL NOT BE AVAILABLE OR ALLOWED IN PUMP UP ROOM!**